



Her Longevity
MARKETPLACE

Where Women Go to Age Backwards!



YOU'RE INVITED TO



THE LEGACY *Table*



HONORING FAMILY ONE TABLE AT A TIME

A gathering of 4–8 people to share homemade food,
handwritten recipes, meaningful stories,
and the loved one that shaped our lives.

What is a
Legacy Table?
[Click here](#)

Please Bring:



A PHOTO
of the person whose
dish you are sharing



**HANDWRITTEN OR
TYPED RECIPE CARDS**
to share with each guest



A DISH
connected to
a loved one
Host will assign
dish type



A STORY
of your loved one

✉ HOST EMAIL: _____

☎ HOST PHONE: _____

📅 DATE: _____

🕒 TIME: _____

📍 LOCATION: _____

📝 NOTES: _____